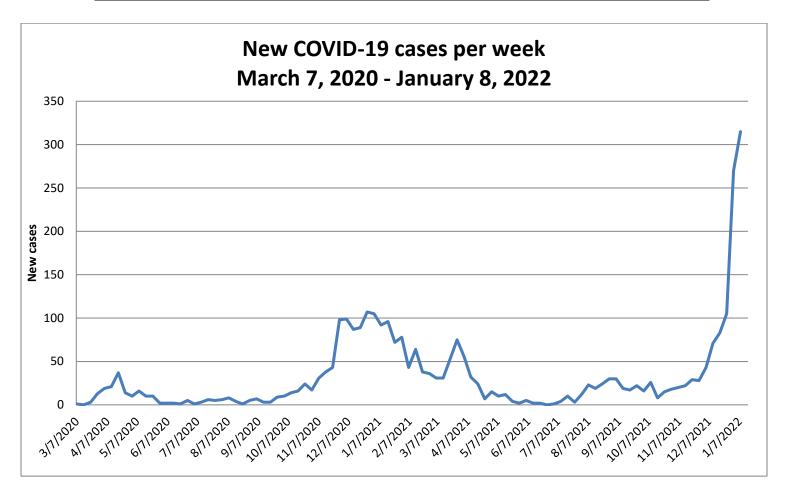
COMMUNITY UPDATE COVID-19

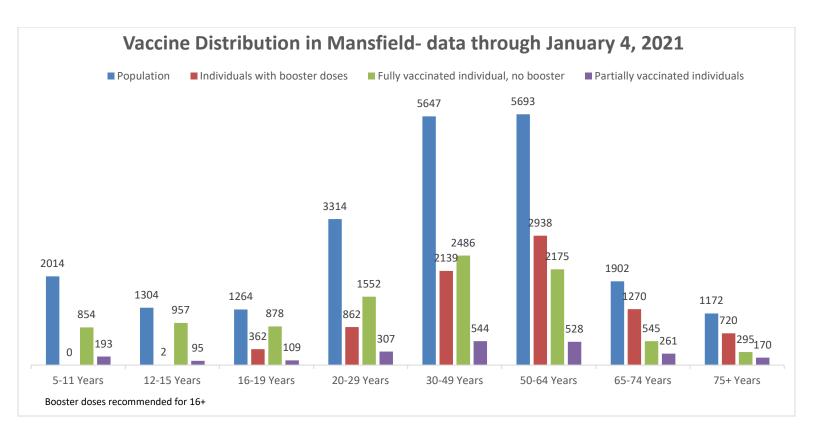
January 10, 2022:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town <u>coronavirus webpage</u>.

 As of today, please see the below chart that represents our communities COVID-19 relates cases:

Mansfield Covid-19 Workflow	#	
Positive COVID-19 under isolation	343	(updated 01/10 08:00)
Positive Cases recovered	2968	
Total tested positive since beginning:	3340	
Covid-19 Related Deaths	29	Last Covid death in Mansfield 12/20/21





 Mask Mandate for all public spaces within Mansfield to take effect on January 12

Effective January 12, 2022: Due to the rapid rise in cases in the Town of Mansfield, the Mansfield Board of Health has enacted an emergency order requiring masks for all individuals aged two years and above in all indoor public spaces, places of worship, or private spaces open to the public except where an individual is unable to wear a face covering due to a medical condition or disability. This mandate will be in place until February 28, 2022.

Additional information can be found on the Coronavirus webpage:

Coronavirus Information | Mansfield, MA (mansfieldma.com)



COVID-19 Vaccine Booster Shots

CDC has expanded recommendations for COVID-19 vaccine booster shots to now include everyone ages 12 years and older. At this time, only the Pfizer-BioNTech COVID-19 vaccine is authorized and recommended for teens ages 12 to 17. Learn more: https://bit.ly/3HHFQ70

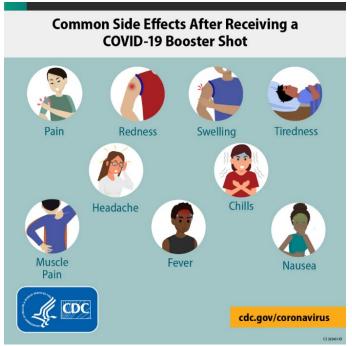
Find out when you are eligible for a COVID-19 Booster:

- You can check if you're eligible for a booster at http://mass.gov/BoosterCheck
- If you are eligible, visit http://vaxfinder.mass.gov for a list of locations to receive a booster (or call 2-1-1)

More info on the boosters can be found at <u>COVID-19 booster frequently asked questions |</u> <u>Mass.gov</u>.

After you receive a COVID-19 booster shot, you may have side effects like you felt with your COVID-19 primary series vaccination. Fever, headache, fatigue, and pain at the injection site are the most common side effects. These are normal signs that your body is building more protection against COVID-19, but if you don't experience side effects, that's OK, too.

More: https://bit.ly/3mrK4Z5.



Get Vaccinated Against COVID-19 for individuals age 5+

People age 5+ who live, work or study in Massachusetts can be vaccinated. Sign up and be notified of appointments near you.

Use <u>VaxFinder.mass.gov</u> to search for appointments at pharmacies, health care providers, and other community locations.

Council on Aging staff is available to assist any vaccine-eligible seniors who need help navigating the scheduling process. Please call 508-261-7368.

• Enable MassNotify on your smartphone

Add your phone to the fight. Know if you've been exposed and help stop the spread of COVID-19.

MassNotify is a tool that works through smartphones, with a focus on privacy, to alert users who may have been exposed to COVID-19. You can enable MassNotify on your iPhone or Android phone to add another tool to our fight against the spread of COVID-19.

- By opting in, your device will share anonymous codes with other MassNotify users using your phone's Bluetooth.
- MassNotify codes contain no personal information or location data and are completely anonymous.
- If another user you've been near tests positive for COVID-19 within a 14-day period, you will be notified. If you test positive, you can easily and anonymously notify others to stop the spread of COVID-19.

Learn how to enable MassNotify on your phone.

• Testing for COVID-19

CDC's online COVID-19 Viral Testing Tool can help you understand your COVID-19 testing options. Get started: https://bit.ly/covid-testing-tool.

Testing is our best tool to identify those who have been exposed and slow the uptick in cases. You should get tested for COVID-19 if you have symptoms or you've been exposed to someone with COVID-19, even if you're fully vaccinated. If you've had COVID-19 in the past 3 months and you've been exposed to someone with COVID-19, you don't need to get tested if you don't have new symptoms. Testing is encouraged regardless of vaccination status. https://www.mass.gov/covid-19-testing

The Town of Mansfield does not have any public testing or self-test kits available at this time. Please check the Mansfield Health Department Coronavirus Information webpage for updates.

• COVID-19 Self-tests

Self-tests may be used if you have COVID-19 symptoms or have been exposed or potentially exposed to an individual with COVID-19.

Even if you don't have symptoms and have not been exposed to an individual with COVID-19, using a self-test before gathering indoors with others can give you information about the risk of spreading the virus that causes COVID-19. This is especially important before gathering with <u>unvaccinated</u>

<u>children</u>, <u>older individuals</u>, those who are <u>immunocompromised</u>, or <u>individuals at risk of severe</u> disease. More information can be found here: Self-Testing | CDC

There are CDC videos available to learn more about self-tests.

<u>How To Use a Self-Test - YouTube</u> How To Interpret Self-Test Results - YouTube

Isolation and Quarantine Guidance for the General Public

If you test positive for COVID-19 (isolate)

Everyone, regardless of vaccination status:

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves

If you were exposed to someone with COVID-19 (quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months **OR**

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home

Addition information about isolation and quarantine can be found at <u>Covid Information | Mansfield</u>, <u>MA (mansfieldma.com)</u>

• Bristol county identified as an area of high transmission

Bristol county has been identified by the CDC as an area of high transmission for COVID-19. The CDC recommends all people, no matter their vaccination status, wear masks indoors and in crowded outdoor settings in areas of substantial or high transmission. More information can be found <a href="https://example.com/here-to-commends-new-to-commends-ne

County	COVID transmission
	level
Barnstable	High
Berkshire	High
Bristol	High
Dukes	High
Essex	High
Franklin	High
Hampden	High
Hampshire	High
Middlesex	High
Nantucket	High
Norfolk	High
Plymouth	High
Suffolk	High
Worcester	High

Bristol County, Massachusetts State Health Department			
7-day Metrics 7-day Percent Change			
Community Transmission	High		
Everyone in Bristol County, Massachusetts should wear a mask in public, indoor settings. Mask requirements might vary from place to place. Make sure you follow local laws, rules, regulations or guidance. How is community transmission calculated?			
	January 10, 2022		
Cases	9,315		
Case Rate per 100k	1,648.04		
% Positivity	27.02%		
Deaths	36		
% of population ≥ 5 years of age fully vaccinated	65.5%		
New Hospital Admissions	231		

Data from CDC COVID Data Tracker

• Requesting a copy of your COVID-19 vaccination record

There are several options to request a copy of your COVID-19 Vaccination Record. Please go to Requesting a copy of your COVID-19 vaccination record | Mass.gov for more information.