

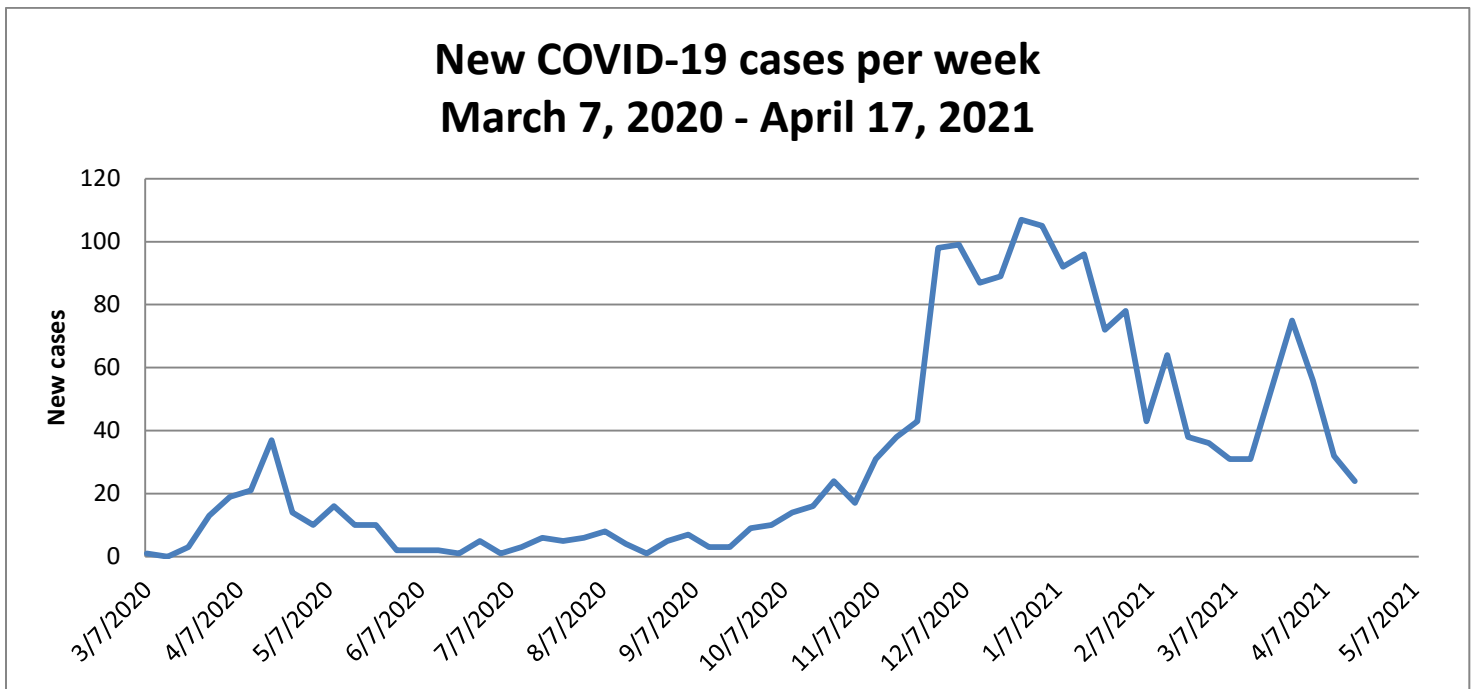
COMMUNITY UPDATE COVID-19

April 23, 2021:

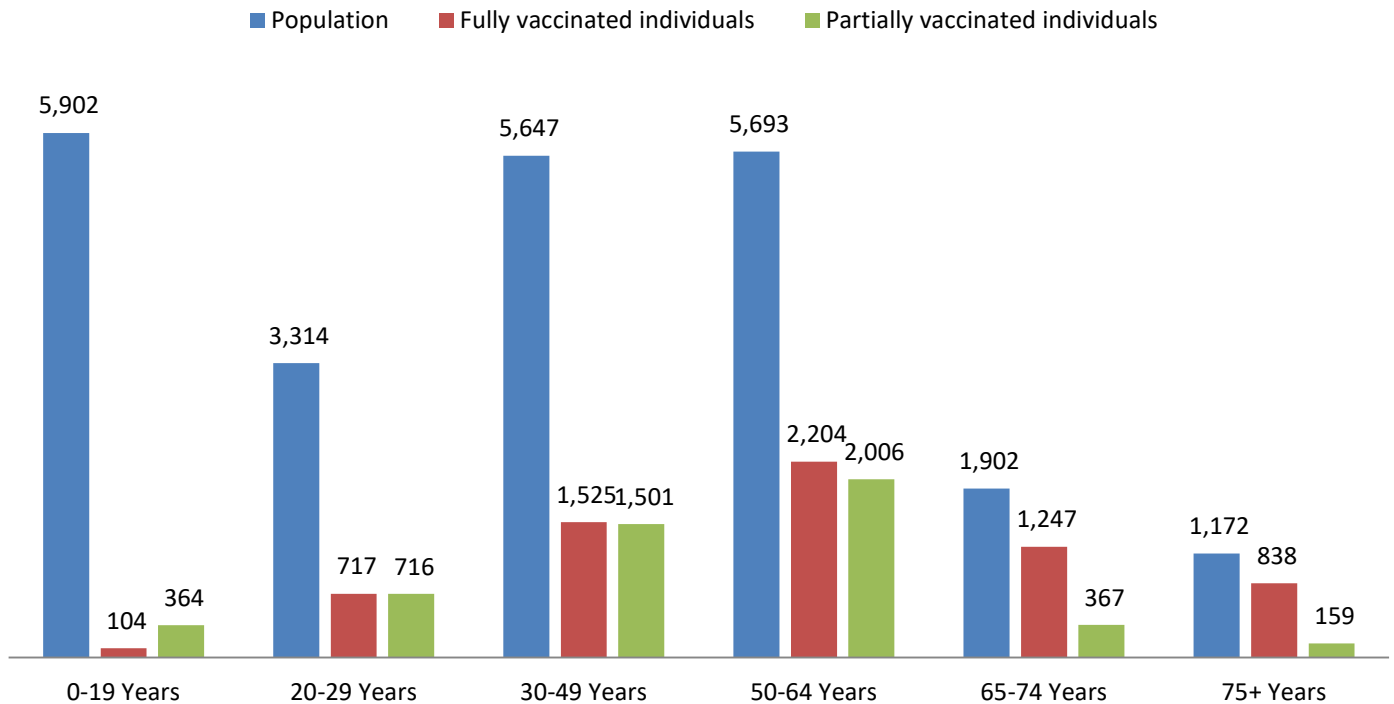
The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	26	(updated 4/23 08:00)
Positive Cases recovered	1749	
Total tested positive since beginning:	1798	
Mansfield Community Designation Level	Yellow	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	23	Last Covid death in Mansfield 03/01/21



Vaccine Distribution in Mansfield as of April 22, 2021



* vaccine use is currently only approved for ages 16 and above

- [What to Do if You Are Sick](#)

If you have a fever, cough or [other symptoms](#), you might have COVID-19. Most people have mild illness and are able to recover at home. If you think you may have been exposed to COVID-19, contact your healthcare provider.

- Keep track of your symptoms.
- **If you have [an emergency warning sign](#) (including trouble breathing), get emergency medical care immediately.**

- **Steps to help prevent the spread of COVID-19 if you are sick**

[If you are sick with COVID-19 or think you might have COVID-19](#), follow the steps below to care for yourself and to help protect other people in your home and community.

- Stay home except to get medical care.
- Separate yourself from other people.
- Tell your [close contacts](#) that they may have been exposed to COVID-19.
- Monitor your symptoms.
- Call ahead before visiting your doctor.
- If you are sick, wear a mask over your nose and mouth. You should wear a [mask](#) over your nose and mouth if you must be around other people, including pets (even at home).















- Cover your coughs and sneezes.
- Clean your hands often.
- Avoid sharing personal household items.
- Clean all “high-touch” surfaces everyday.

When can you be around others after being sick with COVID-19? Deciding when you can be around others is different for different situations. Find out when you can [safely end home isolation](#).

- **People with Seasonal Allergies**

[COVID-19 and seasonal allergies](#) share many symptoms, but there are some key differences between the two. For example, COVID-19 can cause fever, which is not a common symptom of seasonal allergies. Because some of the symptoms of COVID-19 and seasonal allergies are similar, it may be difficult to tell the difference between them, and you may need to get a test to confirm your diagnosis.

COVID-19 vs. Allergies

	COVID-19	Allergies
 Common	Fever or chills	
	Cough	
	Body aches	
	Headaches	
 Less Common	Tiredness	
	Loss of taste or smell	
	Shortness of breath	 *
 Not Common	Sore throat	
	Sneezing	
	Itchy or watery eyes	
	Runny or stuffy nose	

*Seasonal allergies do not usually cause shortness of breath, unless a person has a respiratory condition such as asthma that can be triggered by pollen.



cdc.gov/coronavirus

CS323053-A 03/11/2021

- [Get Vaccinated Against COVID-19](#)

People age 16+ who live, work or study in Massachusetts can be vaccinated. Sign up and be notified of appointments near you. Go to Vaccinesignup.Mass.Gov.

There are different ways to find a vaccine appointment:

- Preregister at VaccineSignUp.mass.gov to be notified when it's your turn to schedule an appointment at one of [7 mass vaccination locations](#).
- Use VaxFinder.mass.gov to search for appointments at pharmacies, health care providers, and other community locations

Council on Aging staff is available to assist any vaccine-eligible seniors who need help navigating the scheduling process. Please call 508-261-7368.



Safe and effective COVID-19 vaccines are available for free for everyone living in the United States.

[**www.cdc.gov**](https://www.cdc.gov)