

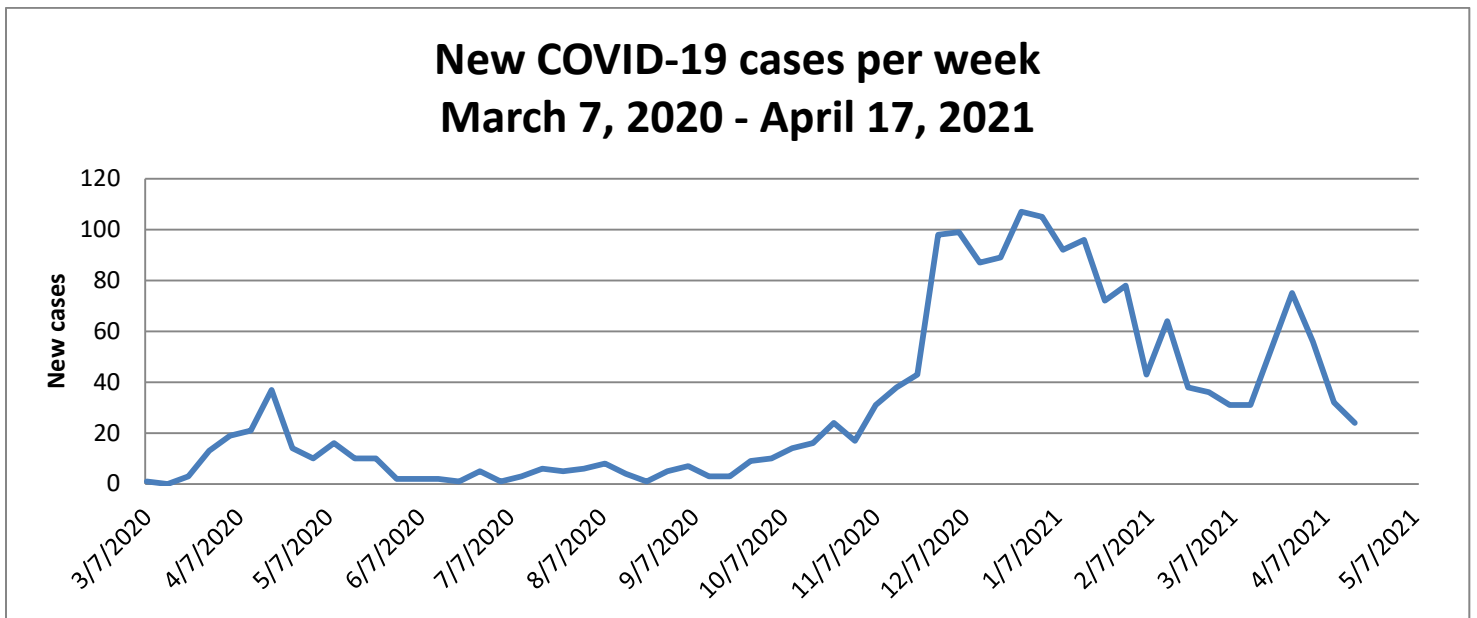
COMMUNITY UPDATE COVID-19

April 20, 2021:

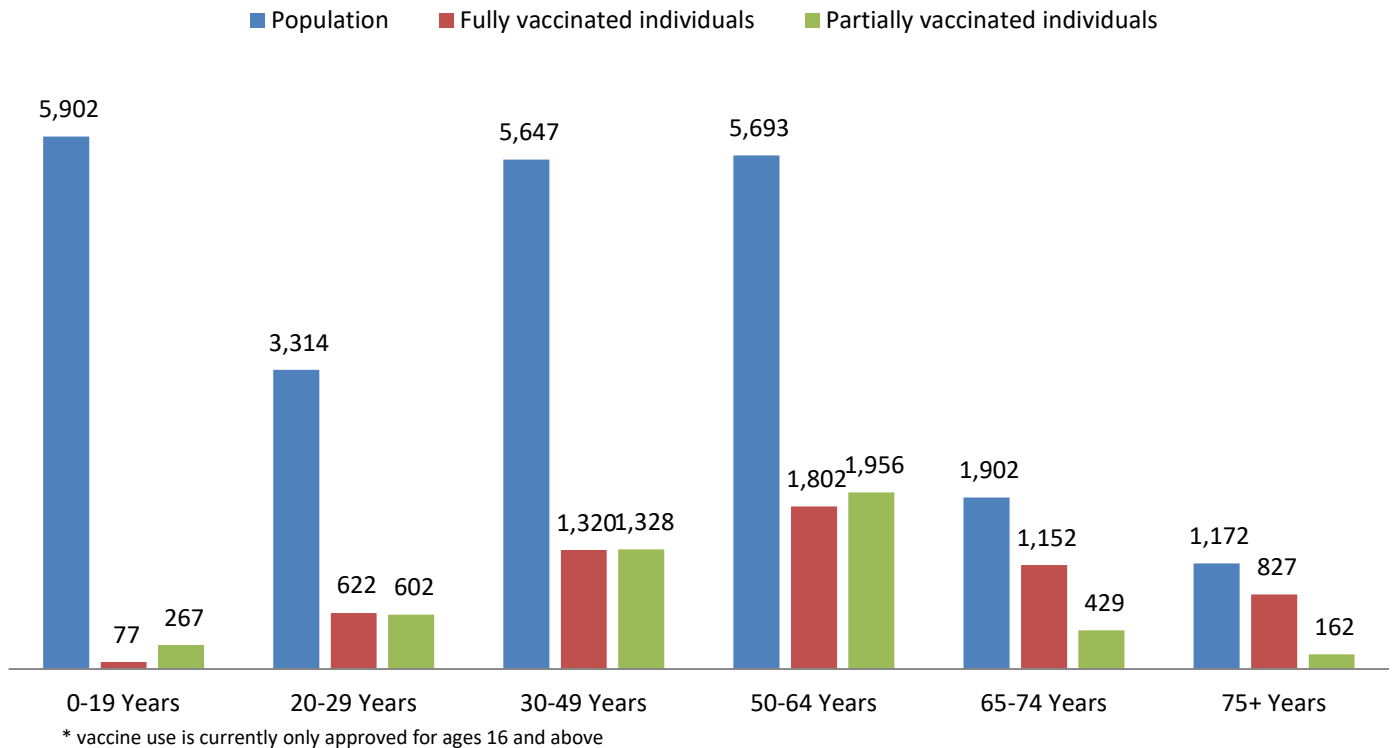
The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	27	(updated 4/20 08:00)
Positive Cases recovered	1740	
Total tested positive since beginning:	1790	
Mansfield Community Designation Level	Yellow	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	23	Last Covid death in Mansfield 03/01/21



Vaccine Distribution in Mansfield as of April 15, 2021



- **Reduce Your Stress**

Everyone reacts differently to stressful situations like COVID-19. You may feel anxious, angry, sad, or overwhelmed. Find ways to reduce your stress to help yourself and the people you care about.

- Learn the common signs of stress.
- Make time to unwind and do things you enjoy.
- Talk with family and friends by phone, text, or email.
- If you or a loved one is feeling overwhelmed, get support 24/7 by calling or texting 1-800-985-5990.

Learn more about stress and coping during the COVID-19 outbreak: <https://bit.ly/39UVoEj>.

REDUCE YOUR STRESS

- Know the common signs of stress
- Talk with family and friends by phone, text, or email
- Take breaks from news stories, including social media
- Practice healthy habits, including exercise





cdc.gov/coronavirus

- [Get Vaccinated Against COVID-19](#)

People age 16+ who live, work or study in Massachusetts can be vaccinated. Sign up and be notified of appointments near you. Go to [Vaccinesignup.Mass.Gov](https://vaccinesignup.mass.gov).

There are different ways to find a vaccine appointment:

- Preregister at [VaccineSignUp.mass.gov](https://vaccineSignUp.mass.gov) to be notified when it's your turn to schedule an appointment at one of [7 mass vaccination locations](#).
- Use VaxFinder.mass.gov to search for appointments at pharmacies, health care providers, and other community locations

Council on Aging staff is available to assist any vaccine-eligible seniors who need help navigating the scheduling process. Please call 508-261-7368.

Protect Yourself. Protect Your Family.

When it's your turn,
Get the Vax

GET VAXED

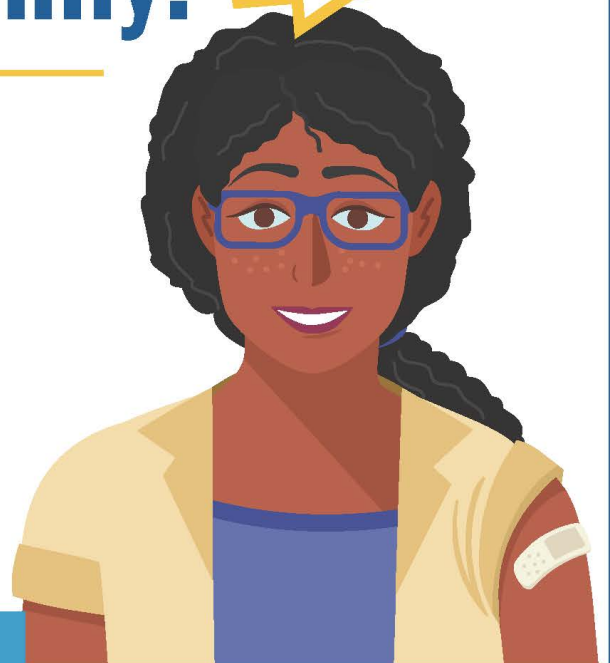
- The vaccine is safe and has been thoroughly tested.
- When it is your turn, get the COVID vaccine to protect yourself and your loved ones.
- Even if you have had COVID-19, you should still get vaccinated.

IT'S FREE

- The vaccine is free for everyone.
- No insurance necessary.
- No ID required.

DOSES

- Most vaccines require 2 doses to be fully protected.
- Ask the provider for details when you get the shot.



Even after you are vaccinated, wear your mask and continue to keep your distance. *This protects others waiting their turn.*

LEARN MORE AT

mass.gov/CovidVaccine



Commonwealth of Massachusetts

Trust the **FACTS**
Get the **VAX**

