

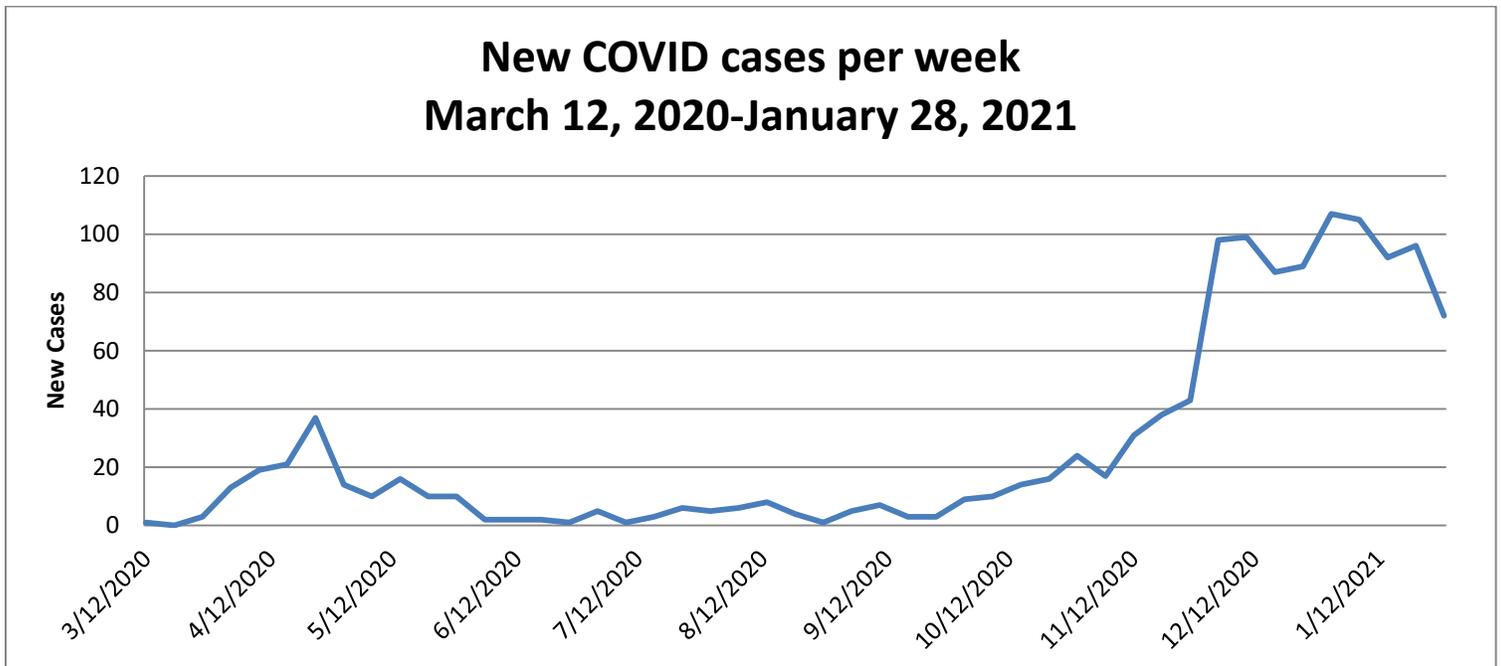
COMMUNITY UPDATE COVID-19

February 1, 2021:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

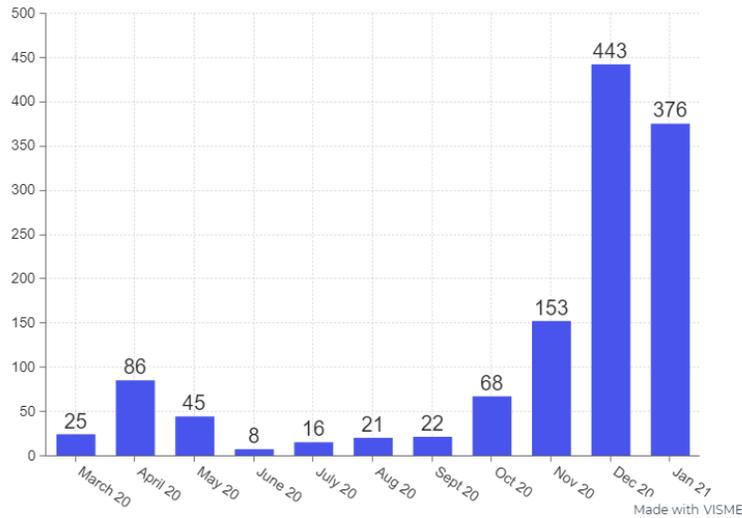
- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	119	(updated 2/01 08:00)
Positive Cases recovered	1125	
Total tested positive since beginning:	1266	
Mansfield Community Designation Level	Red	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	22	Last Covid death in Mansfield 01/15/21



Results through January 31, 2021

Covid-19 Cases Mansfield Monthly

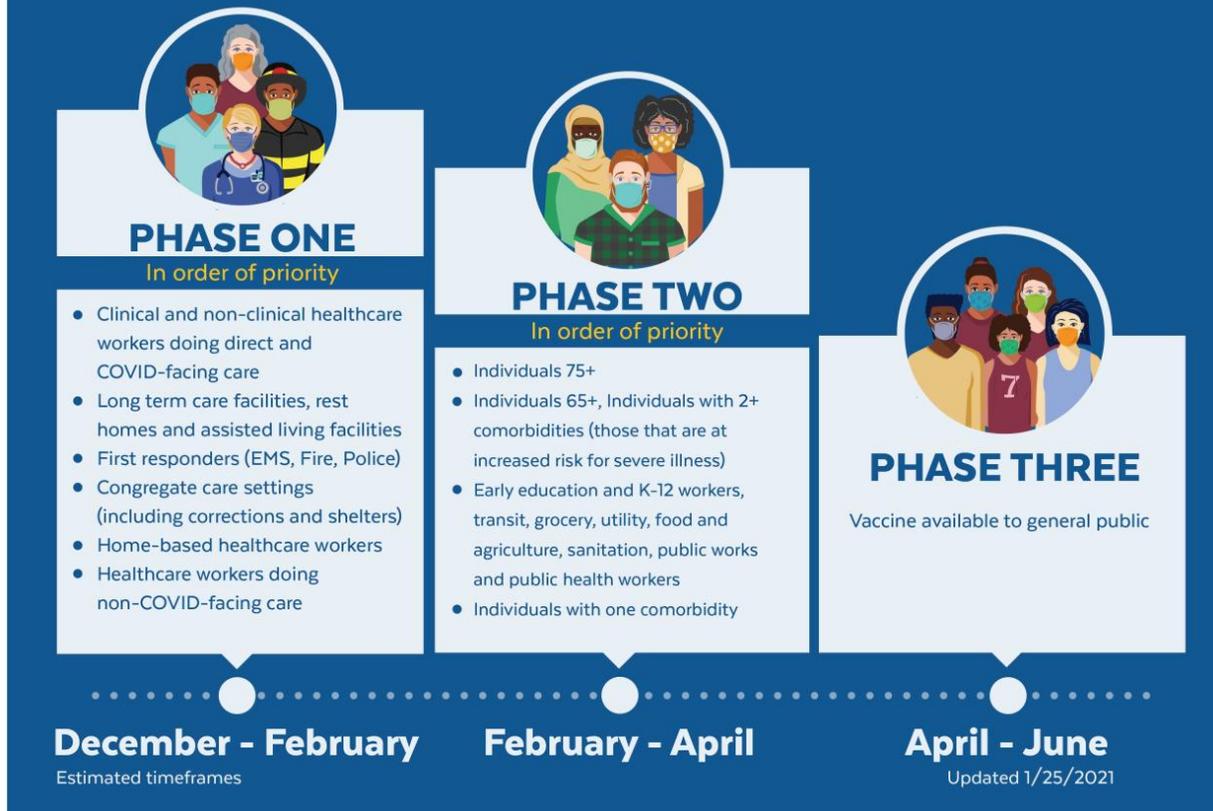


- **Current Status of Vaccination Priority Groups**

COVID-19 Vaccination in MA: Phase 1 & 2 Eligibility Status



When can I get a **COVID-19** vaccine in MA?



- **Everyone in Phase 1 & individuals 75+ can get the COVID-19 vaccine**

Massachusetts has started to vaccinate against COVID-19. We continue to expand eligibility to more groups of people, **but vaccine supply is severely limited**. At this [website](#), you will find tools to help determine when you are eligible, how to find a vaccination location, and how to prepare for your appointment.

At this point, the Town does not have any vaccine for public distribution. Please go to the [COVID webpage](#) for vaccine information and updates.

- **Vaccine Information for the general public**

It will take time to get everyone vaccinated.

Before you are vaccinated, between doses, and even after you are fully vaccinated, we must continue [stop the spread of COVID-19](#). Wear a mask, wash your hands, avoid groups, and keep your distance.

[COVID-19 Vaccine in Massachusetts](#)

[COVID-19 Vaccination Locations](#)

[When can I get the COVID-19 Vaccine](#)

- [COVID-19 Vaccine Safety](#)

How do we know if the vaccine is safe?

It's important to know that vaccines go through more testing than any other pharmaceuticals. Before any vaccine is made available, it must go through rigorous development and testing. Manufacturing is critical — every dose must consistently be high quality. Additionally, [extensive testing in clinical trials](#) is conducted to prove safety. First, small groups of people receive the trial vaccine. Next, vaccine is given to people with particular characteristics (e.g., age and physical health). Then, vaccine is given to tens of thousands of people and tested for effectiveness and safety.

After that, the data is reviewed by the FDA which approves the vaccine, and by an independent board, CDC's [Advisory Committee on Immunization Practices](#) (ACIP) which will make its recommendations for use. These bodies are the final safeguards for the public ensuring any vaccine is both safe and effective.

Please visit [Ensuring the Safety of COVID-19 Vaccines in the United States | CDC](#) for more information.

Do the COVID-19 vaccines have any side effects?

It is possible that some people may have side effects after being vaccinated, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days. For the Pfizer vaccine, the most common side effects are pain at the injection site, tiredness, headache, muscle pain, chills, joint pain, and fever. More people experienced these side effects after the second Pfizer dose than after the first dose, so it is important to expect that there may be some side effects after either dose, but even more so after the second. For the Moderna vaccine, the most common side effects are pain, tenderness, swelling and redness at the injection site, as well as fatigue, headache, muscle pain, joint pain, chills, nausea and vomiting, and fever.

Can a COVID-19 vaccine make me sick with COVID-19?

No. The vaccines do not contain the live virus that causes COVID-19. This means that a COVID-19 vaccine cannot make you sick with COVID-19. (source: [Facts about COVID-19 Vaccines \(cdc.gov\)](#) as of 1/20/21)

Should someone with a history of allergies get the COVID-19 vaccine?

You should not get the Pfizer or Moderna COVID-19 vaccines if you have a history of severe allergic reaction (e.g., anaphylaxis) to any ingredient in the vaccine. A history of a severe allergic reaction due to any other cause is considered a precaution and should be discussed with your health care provider before receiving the vaccine.

Although there is a small chance that the COVID-19 vaccines could cause a severe allergic reaction, this would usually happen within a few minutes to one hour after getting the vaccine. If you have a history of allergic reactions, your vaccination provider may ask you to stay at the place where you received your vaccine for monitoring afterwards.

What are the ingredients in the vaccine?

Both Pfizer and Moderna have fact sheets for recipients and caregivers that list the ingredients of each vaccine. Those factsheets can be found at:

[Pfizer-BioNTech COVID-19 Vaccine EUA Fact Sheet for Recipients and Caregivers \(fda.gov\)](#) (page 2), and

[Moderna COVID-19 Vaccine EUA Fact Sheet for Recipients and Caregivers \(fda.gov\)](#) (page 2).

I would like to have a baby one day. Is it safe for me to get a COVID-19 vaccine?

Yes. People who want to get pregnant in the future may receive the COVID-19 vaccine. COVID-19 vaccines are being studied carefully now and will continue to be studied for many years, similar to other vaccines. Based on what we know right now, experts believe that COVID-19 vaccines are safe for someone who is trying to become pregnant in the short or long term.

Here's why:

- The COVID-19 vaccine, like other vaccines, works by teaching our bodies to develop antibodies that fight against the virus that causes COVID-19, to prevent future illness.
- There is no evidence right now that antibodies formed from COVID-19 vaccination will cause any problems with pregnancy, including the development of the placenta.
- In fact, there is no evidence that fertility problems are a side effect of ANY vaccine.

People who are trying to become pregnant now or who plan to try in the future may receive the COVID-19 vaccine when it becomes available to them. (source: [Facts about COVID-19 Vaccines \(cdc.gov\)](#) as of 1/20/21)

Should someone who is pregnant or breastfeeding get a COVID-19 vaccine?

Currently there are no data on the safety of COVID-19 vaccines in people who are pregnant. COVID-19 infection during pregnancy can increase the risk of severe illness and

might result in an increased risk of outcomes like preterm birth. Getting vaccinated is a personal choice for people who are pregnant.

There are no data on the safety of COVID-19 vaccines in people who are breastfeeding or on the breastfed baby. People who are breastfeeding may choose to be vaccinated. The [American College of Obstetricians and Gynecologists](#) recommend that COVID-19 vaccines be offered to breastfeeding individuals when they meet prioritization criteria for receiving the vaccine. If you are pregnant or breastfeeding and have questions around getting vaccinated, a discussion with your healthcare provider might help you make an informed decision.

Are the COVID-19 vaccines safe for children?

At this time, the Pfizer vaccine is authorized for people ages 16 and older, and the Moderna vaccine is authorized for people ages 18 and older. Younger children and adolescents should not receive COVID-19 vaccination at this time.

Who were the vaccines tested on?

The safety of the Pfizer COVID-19 vaccine was evaluated in people 16 years of age and older in two clinical studies conducted in the United States, Europe, Turkey, South Africa, and South America. Overall, 50.6% of participants were male and 49.4% were female, 83.1% were White, 9.1% were Black or African American, 28.0% were Hispanic or Latino, 4.3% were Asian, and 0.5% were American Indian or Alaska Native. ([Pfizer-BioNTech COVID-19 Vaccine EUA Fact Sheet for HCP revised 01-06-2021](#))

The safety of the Moderna COVID-19 vaccine was evaluated in people 18 years of age and older in the United States. Overall, 52.7% of participants were male, 47.3% were female, 79.2% were White, 10.2% were Black or African American, 20.5% were Hispanic or Latino, 4.6% were Asian, 0.8% were American Indian or Alaska Native, 0.2% were Native Hawaiian or Pacific Islander, 2.1% were Other, and 2.1% were Multiracial. ([Moderna COVID-19 Vaccine EUA Fact Sheet for Healthcare Providers](#))

There have been no studies in people who are pregnant or breastfeeding.

Will a COVID-19 vaccine change my DNA?

No. COVID-19 mRNA vaccines do not change or interact with your DNA in any way.

Messenger RNA vaccines—also called mRNA vaccines—are the first COVID-19 vaccines approved in the United States. mRNA vaccines teach our immune system how to fight against a specific virus. COVID-19 mRNA vaccines work with the body's natural defenses to safely develop immunity to disease. In order to do its job, the mRNA from a COVID-19 vaccine doesn't

need to go inside the nucleus of the cell, which is where our DNA is kept. This means the mRNA never interacts with our DNA in any way, and has no way to change it.

At the end of the process, our bodies have learned how to protect against future infection. That immune response and making antibodies is what protects us from getting infected if the real virus enters our bodies. (source: [Facts about COVID-19 Vaccines \(cdc.gov\)](#) as of 1/20/21)

More information

Visit these frequently updated Centers for Disease Control and Prevention (CDC) web pages on COVID-19 vaccination:

[Benefits of Getting a COVID-19 Vaccine](#)

[How COVID-19 Vaccines Work](#)

[Myths and Misconceptions about COVID-19 Vaccines](#)

[Frequently Asked Questions about COVID-19 Vaccination](#) (newly expanded)

**Trust the facts,
get the vax.**

MASSACHUSETTS HEALTH
MHOA
SUPPORTING LOCAL PUBLIC HEALTH
OFFICERS ASSOCIATION

ACADEMIC
**PUBLIC
HEALTH
VOLUNTEER
CORPS**

*To learn when its **YOUR** turn to get the
COVID-19 vaccine, visit:
www.mass.gov/covid-19-vaccine*