

## COMMUNITY UPDATE COVID-19

**December 8, 2020:**

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
<b>Positive COVID-19 under isolation</b>	<b>109</b>	(updated 12/8 08:00)
<b>Positive Cases recovered</b>	<b>382</b>	
<b>Total tested positive since beginning:</b>	<b>508</b>	
<b>Mansfield Community Designation Level</b>	<b>Yellow</b>	Red-higher risk Yellow- moderate risk Green- lower risk
<b>Covid-19 Related Deaths</b>	<b>17</b>	Last Covid death in Mansfield 11/20/20

- **Statewide Rollback to Phase 3, Step 1**

Governor Baker and Lt. Governor Polito announced today an update to the state’s reopening process as well as several updates to sector-specific guidance in order to combat the rising cases of COVID-19 across the Commonwealth. The measures outlined below will go into effect at **12:01 a.m. on Sunday, December 13.**

1. **Statewide Rollback to Phase 3, Step 1:** The entire Commonwealth will move to Phase 3, Step 1 of the Reopening Plan. In addition, the following updates to capacity limits will go into effect:
  - Outdoor gatherings at event venues and public spaces to 50 people
  - Outdoor Theaters and Performance Venues to 25% and no more than 50 people
  - Close Indoor Theaters and Performance Venues and a few smaller indoor recreation businesses like roller rinks and trampoline parks
  - Reduce capacity from 50% to 40% for several industry sectors noted below:
    - Arcades/Indoor and Outdoor Recreational Businesses
    - Driving and Flight Schools

- Gyms/Health Clubs
- Libraries
- Museums
- Retail
- Offices
- Places of Worship
- Lodging (common areas)
- Golf
- Movie theaters (no more than 50 people per theater)

- 2. Restaurants and Event Venues Protocols Updates:** The following updates will be made to restaurant and event venue protocols with regard to face coverings, seating, and performances
- Wear masks at all times except when eating and drinking
  - Seat no more than six per table and encourage customers to only dine with same household
  - Put a 90-minute time limit on tables
  - Prohibit all musical performances at restaurants
  - Close food court seating
- 3. Workplaces and Fitness Centers Protocols Updates:** The following updates will be made to the Office Spaces and Fitness Centers protocols with regard to face coverings
- Require mask wearing in offices when not in your own workspace and alone
  - Require mask wearing at all times in gyms
  - Encourage teleworking

All updates to sector specific guidance can be found on [www.mass.gov/reopening](http://www.mass.gov/reopening) later this week.



## Help Mansfield Stop Covid-19

**MANY** people in this community have tested positive.

**YOU** HAVE THE POWER TO SAVE A LIFE

Wear a mask • Wash your hands • Keep your distance.  
Don't share food, drinks or utensils • Feel sick? Stay home  
Get tested.

Learn more at [Mass.gov/StopCOVID19](http://Mass.gov/StopCOVID19)



- **Updated Quarantine Information and Return-to-Work Guidance**

MA has aligned its quarantine recommendations with those issued last week by the US Centers for Disease Control and Prevention (CDC) (<https://www.cdc.gov/coronavirus/2019-ncov/more/scientific-brief-options-to-reduce-quarantine.html>), and they go into effect today. The new guidance is based on recent CDC data showing that shortened quarantine periods result in only a small chance that someone may develop COVID-19 after leaving quarantine. The small risk that someone may develop COVID-19 after a shortened strict quarantine period is outweighed by the expected benefit of reduced transmission from the expected increased cooperation with adherence to the quarantine, according to the CDC.

- The majority of COVID-19 cases have incubation periods fewer than 10 days, although the possible incubation period is still 14 days. During the quarantine period, people must not have visitors in their homes and they cannot have contact with other people who live in their homes.
- The 14-day quarantine recommendation remains in place for any person experiencing any COVID-19 symptoms during the quarantine period, even if they have a negative test, and for those unwilling or unable to conduct active self-monitoring of symptoms.
- Under the new guidance, people who have no symptoms and have either a negative PCR or antigen test taken on Day 5 or later, can be released on Day 8 (following 7 days of quarantine).
- If the person does not have a test and does not have symptoms, they may be allowed to leave quarantine on Day 11 (following 10 days of quarantine).
- Under either option, the individual must conduct active monitoring of their symptoms through Day 14 and get tested and isolate if they develop any sign of disease.
- The guidance for a person who has tested positive for COVID-19 has not changed, which means they should stay in self-isolation for 10 days. They can resume public activities after the 10 days as long as they have gone for 24 hours without a fever and without taking fever-reducing medications like Tylenol and have experienced improvement in other symptoms, such as a cough that has gotten much better.

The Department of Public Health is also updating quarantine guidelines in return to work guidance, effective today. The guidance clarifies that certain sectors may continue to work during their quarantine period to preserve critical societal functions. This is only allowed if the worker remains asymptomatic. These sectors include healthcare workers, first responders, and critical infrastructure workers, as defined by CDC. Please see the guidance attached or online at [www.mass.gov/quarantine](http://www.mass.gov/quarantine)