

COMMUNITY UPDATE COVID-19

November 23, 2020:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	38	(updated 11/23 08:00)
Positive Cases recovered	313	
Total tested positive since beginning:	367	
Mansfield Community Designation Level	Yellow	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	16	Last Covid death in Mansfield 10/28/20

- **Celebrating Thanksgiving**

More than 1 million COVID-19 cases were reported in the United States over the last 7 days.

As cases continue to increase rapidly across the United States, the safest way to celebrate Thanksgiving is to celebrate at home with the people you live with.

Gatherings with family and friends [who do not live with you](#) can increase the chances of getting or spreading [COVID-19](#) or the [flu](#).

The safest way to celebrate Thanksgiving this year is to celebrate with people in your household. If you do plan to spend Thanksgiving with people outside your household, take steps to make your celebration safer.

➤ **Wear a mask**

- Wear a mask with two or more layers to stop the spread of COVID-19.

- Wear the mask over your nose and mouth and secure it under your chin.
- Make sure the mask fits snugly against the sides of your face.

➤ **Stay at least 6 feet away from others who do not live with you**

- Remember that some people without symptoms may be able to spread COVID-19 or flu.
- Keeping 6 feet (about 2 arm lengths) from others is especially important for [people who are at higher risk of getting very sick](#).

➤ **Wash your hands**

- Wash hands often with soap and water for at least 20 seconds.
- Keep [hand sanitizer](#) with you and use it when you are unable to wash your hands.
- Use hand sanitizer with at least 60% alcohol.

Attending a Gathering

Make your celebration safer. In addition to following the steps that everyone can take to make Thanksgiving safer, take these additional steps while attending a Thanksgiving gathering.

- Bring your own food, drinks, plates, cups, and utensils.
- Wear a mask, and safely [store your mask](#) while eating and drinking.
- Avoid going in and out of the areas where food is being prepared or handled, such as in the kitchen.
- Use single-use options, like salad dressing and condiment packets, and disposable items like food containers, plates, and utensils.

Hosting a Thanksgiving Gathering

If having guests to your home, be sure that people follow the steps that everyone can take to make Thanksgiving safer. Other steps you can take include:

- Have a small [outdoor meal](#) with family and friends who live in your community.
- Limit the number of guests.
- Have conversations with guests ahead of time to set expectations for celebrating together.
- [Clean and disinfect](#) frequently touched surfaces and items between use.
- If celebrating indoors, make sure to open windows.
- Limit the number of people in food preparation areas.
- Have guests bring their own food and drink.
- If sharing food, have one person serve food and use single-use options, like plastic utensils.

Thanksgiving Travel

Travel increases your chance of getting and spreading COVID-19. Staying home is the best way to protect yourself and others.

If you do travel

- Check travel restrictions before you go.
- Get your [flu shot](#) before you travel.
- Always wear a mask in public settings and on [public transportation](#).
- [Stay at least 6 feet apart](#) from anyone who is not in your household.
- Wash your hands often or use hand sanitizer.
- Avoid touching your mask, eyes, nose, and mouth.
- Bring extra supplies, such as masks and hand sanitizer.

Consider Other Thanksgiving Activities

Host a virtual Thanksgiving meal with friends and family who don't live with you

- Schedule a time to share a meal together virtually.
- Have people share recipes and show their turkey, dressing, or other dishes they prepared.

Watch television and play games with people in your household

- Watch Thanksgiving Day parades, sports, and movies at home.
- Find a fun game to play.

Shopping

- Shop online sales the day after Thanksgiving and days leading up to the winter holidays.
- Use contactless services for purchased items, like curbside pick-up.
- Shop in open air markets staying 6 feet away from others.

Other Activities

- Safely prepare traditional dishes and deliver them to family and neighbors in a way that does not involve contact with others (for example, leave them on the porch).
- Participate in a gratitude activity, like writing down things you are grateful for and sharing with your friends and family.

- **Massachusetts Travel Order**

According to the [Massachusetts travel order](#), all visitors entering Massachusetts, including returning residents, who do not meet an exemption, are required to:

- Complete the [Massachusetts Travel Form](#) **prior** to arrival, unless you are visiting from a [lower-risk state](#) designated by the MA Department of Public Health. As of November 17, lower risk states include New Hampshire, Vermont, Maine, and Hawaii.
- Quarantine for 14 days or produce a negative COVID-19 test result that has been administered up to 72-hours prior to your arrival in Massachusetts.
- If your COVID-19 test result has not been received prior to arrival, **visitors and residents must quarantine until they receive a negative test result.**

- New stay at home advisory as of November 6th



STAY AT HOME BETWEEN 10PM – 5AM

(effective Nov 6, 2020)

**BETWEEN 10PM-5AM THE
FOLLOWING GUIDELINES APPLY:**

ONLY leave your home for:

- Work, school or essential needs
- Essential needs include:
 - Emergency medical care
 - Grocery store
 - Pharmacy
 - Picking up take-out food
 - Receiving deliveries

NO gatherings at home with members outside your household

REMEMBER to wear a mask and practice social distancing if you need to leave home

**NEW STAY-AT-HOME
ADVISORY
GUIDELINES**

ACADEMIC
**PUBLIC
HEALTH
VOLUNTEER
CORPS**

For more information visit:
<https://www.mass.gov/news/stay-at-home-advisory>

- Updated Metrics for Cities and Towns

The Governor has updated metrics for cities and towns. Using a 2 week period to assess trends, the metrics are:

CITY & TOWN METRICS

Population			
Group	Under 10k	10k - 50k	Over 50k
Grey	Less than or equal to 10 total cases	Less than or equal to 10 total cases	Less than or equal to 15 total cases
Green	Less than or equal to 15 total cases	<10 avg cases/100k AND >10 total cases	<10 avg cases/100k AND >15 total cases
Yellow	Less than or equal to 25 total cases	≥10 avg cases/100k OR ≥5% pos rate	≥10 avg cases/100k OR ≥4% pos rate
Red	More than 25 total cases	≥10 avg cases/100k AND ≥5% pos rate	≥10 avg cases/100k AND ≥4% pos rate

Learn more at [Mass.gov/StopCOVID19](https://www.mass.gov/StopCOVID19)

