

COMMUNITY UPDATE COVID-19

November 16, 2020:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	29	(updated 11/16 08:00)
Positive Cases recovered	282	
Total tested positive since beginning:	327	
Mansfield Community Designation Level	Yellow	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	16	Last Covid death in Mansfield 10/28/20

Thanksgiving Day

COVID-19 SAFE ACTIVITIES

GENERAL PREVENTION

- If you are sick or under isolation/quarantine, **STAY HOME!**
- Maintain 6 ft. distance or more from people who don't live with you.
- A face covering should be worn at all times.
- Clean and disinfect commonly touched surfaces.
- Wash your hands with soap and water for at least 20 seconds, especially after being in a public place.

Your risk level for COVID-19 increases the more you are around other people who don't live with you. Enjoy these activities and stay healthy this holiday season.

- Prepare a small dinner with only people who live in your household.
- Make traditional family recipes for family, friends, and neighbors and deliver them in a way that does not involve contact with others.
- Have a virtual dinner and share recipes with friends and family.
- Shop online the day after Thanksgiving or the next Monday.
- Watch sports events, parades, and movies from home.

With general prevention practices in place, celebrate Thanksgiving safely with these ideas:

- Have a small outdoor dinner with family and friends who live in your community.
- Visit a pumpkin patch or orchard
- Attend a small outdoor sporting event



- **[Considerations for Small Gatherings](#)**

Celebrating virtually or with members of your own household (who are consistently taking [measures](#) to reduce the spread of COVID-19) poses the lowest risk for spread. Your household is anyone who currently lives and shares common spaces in your housing unit (such as your house or apartment). This can include family members, as well as roommates or people who are unrelated to you. People who do not currently live in your housing unit, such as college students who are returning home from school for the holidays, should be considered part of different households. In-person gatherings that bring together family members or friends from different households, including college students returning home, pose varying levels of risk.

Organizers and attendees of larger events should consider the risk of virus spread based on event size (number of attendees and other factors) and take steps to reduce the possibility of infection, as outlined in the [Considerations for Events and Gatherings](#).

There are several factors that contribute to the risk of getting and spreading COVID-19 at small in-person gatherings. In combination, these factors will create various amounts of risk:

- **Community levels of COVID-19** – High or increasing levels of COVID-19 cases in the gathering location, as well as in the areas where attendees are coming from, increase the risk of infection and spread among attendees. Family and friends should consider the number of COVID-19 cases in their community and in the community where they plan to celebrate when deciding whether to host or attend a gathering. Information on the number of cases in an area can often be found on the local [health department](#) website.
- **Exposure during travel** – Airports, bus stations, train stations, public transport, gas stations, and rest stops are all places travelers can be exposed to the virus in the air and on surfaces.
- **Location of the gathering** – Indoor gatherings, especially those with poor ventilation (for example, small enclosed spaces with no outside air), pose more risk than outdoor gatherings.
- **Duration of the gathering** – Gatherings that last longer pose more risk than shorter gatherings. Being within 6 feet of someone who has COVID-19 for a cumulative total of 15 minutes or more greatly increases the risk of becoming sick and requires a 14-day [quarantine](#).
- **Number and crowding of people at the gathering** – Gatherings with more people pose more risk than gatherings with fewer people. CDC does not have a limit or recommend a specific number of attendees for gatherings. The size of a holiday gathering should be determined based on the ability of attendees from different households to stay [6 feet \(2 arm lengths\) apart](#), wear [masks](#), [wash hands](#), and follow [state, local, territorial](#), or [tribal](#) health and safety laws, rules, and regulations.
- **Behaviors of attendees prior to the gathering** – Individuals who did not consistently adhere to [social distancing](#) (staying at least 6 feet apart), [mask wearing](#), [handwashing](#), and other prevention behaviors pose more risk than those who consistently practiced these safety measures.

- **Behaviors of attendees *during the gathering*** – Gatherings with more safety measures in place, such as [mask wearing](#), [social distancing](#), and [handwashing](#), pose less risk than gatherings where fewer or no preventive measures are being implemented. Use of [alcohol or drugs](#) may alter judgment and make it more difficult to practice COVID-19 safety measures.
- **New stay at home advisory as of November 6th**

STAY AT HOME BETWEEN 10PM – 5AM

(effective Nov 6, 2020)

BETWEEN 10PM-5AM THE FOLLOWING GUIDELINES APPLY:

ONLY leave your home for:

- Work, school or essential needs
- Essential needs include:
 - Emergency medical care
 - Grocery store
 - Pharmacy
 - Picking up take-out food
 - Receiving deliveries

NO gatherings at home with members outside your household

REMEMBER to wear a mask and practice social distancing if you need to leave home



NEW STAY-AT-HOME
**ADVISORY
GUIDELINES**

ACADEMIC
**PUBLIC
HEALTH**
VOLUNTEER
CORPS

For more information visit:
<https://www.mass.gov/news/stay-at-home-advisory>

- **Updated Metrics for Cities and Towns**

The Governor has updated metrics for cities and towns. Using a 2 week period to assess trends, the metrics are:

CITY & TOWN METRICS			
Population			
Group	Under 10k	10k - 50k	Over 50k
Grey	Less than or equal to 10 total cases	Less than or equal to 10 total cases	Less than or equal to 15 total cases
Green	Less than or equal to 15 total cases	<10 avg cases/100k AND >10 total cases	<10 avg cases/100k AND >15 total cases
Yellow	Less than or equal to 25 total cases	≥10 avg cases/100k OR ≥5% pos rate	≥10 avg cases/100k OR ≥4% pos rate
Red	More than 25 total cases	≥10 avg cases/100k AND ≥5% pos rate	≥10 avg cases/100k AND ≥4% pos rate

Learn more at [Mass.gov/StopCOVID19](https://www.mass.gov/StopCOVID19)

