COMMUNITY UPDATE COVID-19

November 9, 2020:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town <u>coronavirus webpage</u>.

• As of today, please see the below chart that represents our communities COVID-19 relates cases:

Mansfield Covid-19 Workflow	#	
Positive COVID-19 under isolation	17	(updated 11/9 08:00)
Positive Cases recovered	260	
Total tested positive since beginning:	293	
Mansfield Community Designation Level	Yellow	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	16	Last Covid death in Mansfield 10/28/20

Thanksgiving Guidance

As Massachusetts residents plan for the Thanksgiving holiday, we offer the following considerations to help keep our friends, families, and communities safe during COVID-19. If you host a holiday celebration, keep it small. If you are considering travel, be aware of Massachusetts <u>travel orders</u>. If you participate in a celebration, follow public health guidance.

Any time you're near people you don't live with:

- Wear a mask when not eating or drinking
- Wash your hands often with soap and water
- Stay at least six feet apart from others
- Consider if those around you may be at higher risk of severe illness from COVID-19, such as older adults or those with certain medical conditions, and take extra precautions
- If gathering indoors, improve ventilation by opening windows and doors

Lower Risk Celebrations

- Limit in-person holiday gatherings to only people you live with or limit to a small group of individuals with whom you are regularly in contact.
- Gatherings with more people pose more risks. As a reminder, gatherings in Massachusetts are subject to gathering size limits.
- Keep visits short gatherings that last longer pose more risk than short gatherings.
 - Host a virtual holiday dinner with extended family or friends, especially if they are at higher risk for illness from COVID-19. Prepare traditional family recipes for family and neighbors, especially those at higher risk of severe illness from COVID-19, and deliver them in a way that doesn't involve contact with others.

Higher Risk Celebrations

Including people who are not in your household or limited social network increases the risk of contracting or spreading illness. If you plan on celebrating the holidays in person with people you don't live with:

- Wear your mask and watch your distance at all times.
- Do not share food, drink, or any utensils.
- Encourage guests to bring food and drinks for themselves and for members of their own household only.
- Wear a mask while preparing or serving food to others who don't live in your household.
- Consider having one person serve all the food so that multiple people are not handling the serving utensils.
- Use single-use options or identify one person to serve sharable items, like salad dressings, food containers, plates and utensils, and condiments.
- Avoid any self-serve food or drink options, such as buffets or buffet-style potlucks, salad bars, and condiment or drink stations.
- For 14 days before and after holiday gatherings, minimize contact with other people, and leave home for essential services like going to work, buying groceries, and appointments with doctors; OR,
- Obtain a negative result from a molecular (PCR) SARS-CoV2 test, on a sample obtained within 72 hours of the celebration. Information about where to obtain a test can be found at www.mass.gov/GetTested.
- Seat people with plenty of space from one another while dining.
- Consider small seating table arrangements in multiple rooms with plenty of spacing, instead of a large family table.
- If gathering indoors, improve ventilation by opening windows and doors.

Avoid these activities

- Avoid sharing food and drinks.
- Avoid shaking hands and hugging. Wave and verbally greet others instead.
- Avoid singing, dancing, and shouting. These activities increase your chances of catching COVID-19 through the air.
- Avoid in-person gatherings with people at a higher risk for severe illness from COVID-19, such as older adults and people with certain medical conditions.

Other Important Considerations

- Community levels of COVID-19 Higher levels of COVID-19 cases and community spread in the
 gathering location, as well as where attendees are coming from, increase the risk of infection
 and spread among attendees. Consider the number and rate of COVID-19 cases in your
 community and in the community where you plan to celebrate when deciding whether to host
 or attend a holiday celebration. Find information on cases in Massachusetts cities and
 towns and information on cases across the United States.
- People with or exposed to COVID-19 should avoid attending in-person celebrations. Do not host or participate in any in-person festivities if you or anyone in your household:
 - Has been diagnosed with COVID-19 and has not met the criteria for when it is safe to be around others
 - Has <u>symptoms of COVID-19</u>
 - Is awaiting COVID-19 viral test results
 - May have been exposed to someone with COVID-19 in the last 14 days
 - Is at increased risk of severe illness from COVID-19, such as older adults or those with certain medical conditions

All residents are also encouraged to get the flu vaccine. For additional information, please refer to the holiday guidance provided by the CDC at www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html#thanksgiving.

Updated Metrics for Cities and Towns

Updated metrics for cities and towns were announced at the Governor's Press Conference on Friday afternoon. Using a 2 week period to assess trends, the metrics are:

CITY & TOWN METRICS					
Population					
Group	Under 10k	10k - 50k	Over 50k		
Grey	Less than or equal to	Less than or equal to	Less than or equal to		
	10 total cases	10 total cases	15 total cases		
Green	Less than or equal to	<10 avg cases/100k	<10 avg cases/100k		
	15 total cases	AND >10 total cases	AND >15 total cases		
Yellow	Less than or equal to	≥10 avg cases/100k	≥10 avg cases/100k		
	25 total cases	OR ≥5% pos rate	OR ≥4% pos rate		
Red	More than	≥10 avg cases/100k	≥10 avg cases/100k		
	25 total cases	AND ≥5% pos rate	AND ≥4% pos rate		
Learn more	at Mass.gov/ <mark>Sto</mark>	pCOVID19			

• Updated sector-specific guidance

The following COVID-19 sector-specific safety standards have been updated effective November 6, 2020, to align with the new COVID-19 orders announced last week:

- Indoor and Outdoor Events Standards
- Restaurant Standards
- Retail Business Standards
- <u>Close Contact Personal Services Standards</u>
- Arcades and Other Indoor and Outdoor Game and Recreation Businesses Standards
- Theaters and Performance Venues Standards
- Golf Facilities Standards
- Fitness Centers and Health Clubs Standards
- Museums and Cultural and Historical Facilities and Guided Tours Standards



TIPS FOR A SAFE THANKSGIVING





Do's









DO WEAR A MASK WHEN NOT EATING OR DRINKING



DO KEEP YOUR DISTANCE - AT LEAST 6 FEET



DO WASH YOUR HANDS OFTEN WITH SOAP AND WATER





DO IMPROVE VENTILATION BY OPENING WINDOWS AND DOORS



DON'T SHARE FOOD FROM THE SAME PLATE
OR SHARE DRINKS





DON'T SHAKE HANDS OR HUG. WAVE OR VERBALLY GREET OTHERS INSTEAD



DON'T SING, DANCE, OR SHOUT WHICH INCREASE CHANCES OF CATCHING THE AIRBORNE VIRUS





DON'T GATHER WITH HIGH RISK INDIVIDUALS
SUCH AS OLDER ADULTS AND PEOPLE
WITH CERTAIN MEDICAL CONDITIONS

