

COMMUNITY UPDATE COVID-19

October 15, 2020:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	14	(updated 10/15 08:00)
Positive Cases recovered	208	
Total tested positive since beginning:	236	
Mansfield Community Designation Level	Yellow	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	14	(updated 10/15 08:00) Last Covid death in Mansfield 5/18/20

- [Get a Flu shot](#)

Influenza (flu) is a disease of the body's respiratory system, which includes the nose, throat, and lungs. Flu is caused by a virus and it can be very serious. Every year in the U.S. seasonal flu causes thousands of hospital admissions and deaths. Getting an annual flu vaccine is the best protection. Getting a flu shot is even more important this year due to COVID-19. Many symptoms of the flu and COVID are similar. A flu shot protects you, your family, and preserves health care resources during the pandemic.

Find out where you can get a flu vaccine by asking your primary care provider, going to a local pharmacy, or visiting vaccinefinder.org. The flu vaccine helps your body protect against the flu and it is your best protection against the virus. Getting flu vaccine will not give you the flu.

Steps to Take for Other Halloween Activities

Enjoy Halloween activities and take steps to protect yourself from getting or spreading COVID-19

Remember to always

- Wear a cloth mask
- Indoors and outdoors, stay at least 6 feet away from others who do not live with you.
- Wash your hands or use hand sanitizer frequently



Decorate and carve pumpkins

- Decorate your home for Halloween.
- Carve pumpkins with members of your household or outside with neighbors or friends.
- Walk from house to house, admiring Halloween decorations at a distance.



Visit an orchard, forest, or corn maze. Attend a scavenger hunt.

- Go on an outdoor Halloween-themed scavenger hunt.
- Visit a pumpkin patch or orchard. Remember to wash your hands or use hand sanitizer frequently, especially after touching frequently touched surfaces, pumpkins, or apples.
- Go to a one-way, walk-through haunted forest or corn maze.

Other Ideas

- Hide Halloween treats in and around your house. Hold a Halloween treat hunt with household members.
- Hold an outdoor costume parade or contest so everyone can show off their costumes.
- Host an outdoor Halloween movie night with friends or neighbors or an indoor movie night with your household members.



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cdc.gov/coronavirus

- **A Small Survey for Health, a Big Impact for you**

How has the COVID-19 crisis impacted your life? The Massachusetts Department of Public Health is trying to better help people through the COVID-19 crisis by hearing about their experiences and challenges right now. By taking this survey, you will provide information that will directly affect your community. Along the way you'll also be provided resources that help connect you with things like **FOOD, ECONOMIC ASSISTANCE, MENTAL HEALTH SERVICES, SUBSTANCE ABUSE SERVICES,** and **PARENTING RESOURCES.** Your answers are anonymous. The survey will ask questions about the following:

- Your experience protecting yourself from COVID-19
- If you had COVID-19, what your experience was like with symptoms and testing
- Your ability to access basic needs like medical care and essential supplies
- Your physical health and mental wellbeing
- How the COVID-19 crisis has impacted your housing, education, employment and income
- Basic questions about you, like your age, gender, race, and where you live (but we do not ask about sensitive information that can be used to identify you)

Survey Link: www.mass.gov/COVIDsurvey

This survey takes about 10-15 minutes to complete. Anyone 14 or older who lives in Massachusetts can take the survey. If you have any questions about this survey, you may contact: covid19survey@mass.gov. Frequently Asked Questions: [FAQ document](#)

This research will be reviewed by the Massachusetts Department of Public Health Institutional Review Board (MA-DPH IRB). If you wish to speak with someone from the MA-DPH IRB, you may contact them at DPH.IRB@mass.gov or by phone (617) 624-5647.