

COMMUNITY UPDATE COVID-19

September 17, 2020:

The Town of Mansfield continues its community update on our website with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#	
Positive COVID-19 under isolation	3	(updated 9/17 08:00)
Positive Cases recovered	192	
Total tested positive since beginning:	205	
Mansfield Community Designation Level	Green	Red-higher risk Yellow- moderate risk Green- lower risk
Covid-19 Related Deaths	13	(updated 9/14 08:00) Last Covid death in Mansfield 5/10/20

- **Emotional health**

Take care of your emotional health and help others do the same. If you need emotional support during these stressful times:

- Call 2-1-1 and choose the “CALL2TALK” option.
- The Massachusetts Network of Care is a searchable behavioral health directory of services and organizations.
- Samaritans is continuing operations 24/7, as always. During this unprecedented time, it can feel overwhelming to receive constant messages about COVID-19. Call or text their 24/7 helpline any time at 877-870-4673.
- The Disaster Distress Helpline, 1-800-985-5990, is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster, including disease outbreaks like COVID-19. This toll-free, multilingual, and

confidential crisis support service is available to all residents in the United States and its territories.

- If you or a family/household member does not feel safe at home, please call **1-800-799-7233** for live support. If you are unable to speak safely, you can log onto thehotline.org to chat online, or text **LOVEIS** to **22522**.

An illustration of a woman with dark hair and a red shirt, looking slightly down with a worried expression. A speech bubble above her head contains the text "I'M WORRIED." To her right, the profile of a man's head is visible, looking towards her. The background is a light blue gradient.

I'M WORRIED.

It is normal to feel fearful and anxious during this time.

Talking about your feelings will lessen your distress.

#MentalHealth #COVID19 #coronavirus



**World Health
Organization**
Western Pacific Region