



Town of Mansfield

6 Park Row, Mansfield, Massachusetts 02048

Town Manager

Kevin J. Dumas

COMMUNITY UPDATE COVID-19

June 18, 2020:

The Town of Mansfield continues its community update on our website Monday-Friday with our up to date information and important tips for the public as it relates to the COVID-19 pandemic. For more complete information, please see the town [coronavirus webpage](#).

- **As of today, please see the below chart that represents our communities COVID-19 relates cases:**

<i>Mansfield Covid-19 Workflow</i>	#			
Positive COVID-19 under isolation	7	(updated 6/18 0900)	The State's CTC has now taken over. There will be delays on the numbers for positive cases recovered	
Total cases subject to quarantine & isolation	Unavailable at this time			
Positive Cases recovered	144			
			Total tested positive since beginning:	164
Covid-19 Related Deaths	13	(updated 6/18 0900)		

- **Reopening Massachusetts: Transition to Phase II**

The Baker-Polito Administration's comprehensive plan to safely reopen the Massachusetts economy, get people back to work, and ease social restrictions while minimizing the health impacts of COVID-19 can be found [here](#).

- **Safer at Home Advisory**

Currently, the state of Massachusetts is operating under a [Safer at Home Advisory](#).

- People over the age of 65 and people who have underlying health conditions – who are at high risk for COVID-19 – should continue to stay home except for essential errands such as going to the grocery store and to attend to healthcare needs.
- All residents are advised to leave home only for healthcare, worship and permitted work, shopping, and outdoor activities.
- When going to the pharmacy ask if you can fill your prescriptions for 90 days if possible; for some medications this is not allowed. If you are at high-risk, try to use a mail-order service.
- Don't participate in close contact activities such as pick-up sports games.
- All residents are **REQUIRED** to cover their face when they cannot maintain six feet of social distance in public.
- Parents should limit play dates for children.
- Refrain from visiting nursing homes, skilled nursing facilities, or other residential care settings.
- All residents are advised to wash their hands frequently for at least 20 seconds with soapy water.
- All residents are advised to be vigilant, monitor for symptoms and stay home if you feel sick.
- Use remote modes of communication like phone or video chat instead of visiting friends or family who are high risk for COVID-19.

- **Face Covering requirement**

All residents are **REQUIRED** to cover their face when they cannot maintain six feet of social distance in public.

There are many things that you can do to help protect yourself and others from becoming infected with COVID-19. People who show no symptoms of illness may still be able to spread COVID-19. A face covering may help prevent you from spreading COVID-19 to other people.

- A face covering can include anything that covers your nose and mouth, including dust masks, scarves and bandanas.
- Do not use health care worker masks, such as the N95 masks - those should be preserved for healthcare workers.
- It is important that you wear these face coverings or masks in situations where it is difficult to maintain a social distance of six feet from others. For example, in a pharmacy or grocery store.

When you wear a cloth mask, it should:

- Fit snugly but comfortably against the side of the face,
- Be secured with ties or ear loops,
- Include multiple layers of fabric,
- Allow for breathing without restriction, and
- Be able to be laundered and machine dried without damage or change to shape.

When putting on and taking off a mask, do not touch the front of it, you should only handle the ties or ear straps, and make sure you wash the cloth mask regularly. Wash your hands or use hand

sanitizer after touching the mask.

Cloth masks should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

Instructions on how to make your own [cloth mask](#) are available on the CDC web site.

In addition to wearing a cloth mask you should continue to practice proven methods to protect yourself.

- Practice social distancing at all times by remaining 6 feet away from others when you have to leave your home for essential trips.
- Stay home if you are sick and avoiding close contact with others.
- Wash your hands often with soap and water for at least 20 seconds; using alcohol-based hand gel with at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth.
- Clean things that are frequently touched (like doorknobs and countertops) with household cleaning spray or wipes.
- Cover your mouth when you cough or sneeze. Use a tissue or your inner elbow, not your hands.

• **Mental and emotional health resources**

Take care of your emotional health and help others do the same. If you need emotional support during these stressful times:

- Call 2-1-1 and choose the “CALL2TALK” option.
- [The Massachusetts Network of Care](#) is a searchable behavioral health directory of services and organizations.
- Samaritans is continuing operations 24/7, as always. During this unprecedented time, it can feel overwhelming to receive constant messages about COVID-19. Call or text their 24/7 helpline any time at 877-870-4673.
- The Disaster Distress Helpline, 1-800-985-5990, is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster, including disease outbreaks like COVID-19. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories.
- If you or a family/household member does not feel safe at home, please call **1-800-799-7233** for live support. If you are unable to speak safely, you can log onto [theline.org](#) to chat online, or text **LOVEIS** to **22522**.

• **Helpful Links**

- [Mass.gov/Covid-19](#)
- [CDC COVID-19](#)
- [Massachusetts Emergency Management Agency](#)
- [Unemployment & COVID-1](#)

- [Department of Transitional Assistance Online Portal](#)
- [Emergency Childcare Site](#)
- [MBTA.com/covid19](#)
- [Complete List of Emergency Orders & Guidance](#)
- [Frontline Worker Resources](#)