



*Town of Mansfield*  
6 Park Row, Mansfield, Massachusetts 02048  
*Human Resources Director*  
Patricia A. Firing

April 21, 2015

TO: All Town Employees

FROM: Patti Firing, Director of Human Resources

RE: NRG Lab Discount Membership Rates

As part of a Town-wide health and wellness initiative, The Town of Mansfield has negotiated a discount employee membership rate with NRG Lab located at 280 School Street, Mansfield, MA. NRG is an Energy Lab Fitness & Performance Center featuring; yoga, pilates, a spin studio, strength training equipment, functional training, cardio training, weightloss and nutritional counseling and personal training.

In order to be eligible for the discount rate, you must complete an enrollment form and authorize the Town to deduct the monthly membership fee from your paycheck. The deduction will be taken from the 4<sup>th</sup> pay check of each month and the Town will be responsible for forwarding the membership payments directly to NRG Lab.

**NRG Lab requires a one (1) year membership commitment; thereafter the membership is month to month and can be cancelled with thirty (30) days advance notice. Cancellation of memberships must be done directly through NRG.** The initial deduction will be first and last month membership fees (based on 12 month enrollment period), except current members who have already paid 1<sup>st</sup> and last.

**The Town's current discount rate is sixty-five dollars (\$65.00) per month.** This rate is \$24.00 lower than the non-discounted monthly fee. In addition, as part of our arrangement with NRG Lab, the \$195.00 initiation fee will be waived for new members. Based on our agreement with NRG Lab, the Town's discount rate will **continue to decrease** as Town employee membership increases. Spouses are NOT covered under the discount rate, but will be entitled to the special rate couples rates offered by NRG Lab.

Employees should refer to their collective bargaining agreement for health club reimbursement amount. In addition, employees covered by the Town's BCBS medical insurance are entitled to a maximum \$150.00 annual reimbursement for health club memberships. Fitness benefit forms can be found on BCBS's website at <https://www.bluecrossma.com/wps/portal/members/healthier-living/get-educated/fitness-weight-loss>.

Employees who are currently members of NRG Lab will also be entitled to the discount rate, but will need to complete enrollment paperwork and authorize the Town to deduct the monthly fee from their paycheck.

Enrollment forms can be found on the share drive under Human Resources or you can pick them up at the Town Hall in the Human Resources Department or Town Manager's Office.

**ALL ENROLLMENT FORMS SHOULD BE RETURNED TO MY ATTENTION IN HUMAN RESOURCES.**

Please email me with any questions at [pfiring@mansfieldma.com](mailto:pfiring@mansfieldma.com).