




**Bristol Elder Services, Inc. Nutrition Program
February 2012 Menu**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>** Vegetable Soup on 2/15 will be served home and congregate. § Soup on 2/10 & 2/28 will be congregate only</p>	<p>1 Diced Chicken & Broccoli Buttered Noodles Oatmeal Bread Peach Cup MOD: Peaches</p>	<p>2 Veal Bourguignon Roast Sweet Potato Green Beans & Tomato Wheat Bread Apple Cinnamon Muffin MOD: Cinnamon Graham</p>	<p>3 Reduced Sodium Hot Dog Tater Tots Coleslaw Mustard/Ketchup Hot Dog Roll Baked Apple Slices</p>
<p>6 Chicken Cacciatore Mashed Potato Mixed Vegetables Multigrain Bread Pineapple</p>	<p>7 Roast Beef w/ Herb Gravy Boiled Potatoes Green Bean Almondine Rye Bread Butterscotch Pudding MOD: SF Pudding</p>	<p>8 Swedish Meatballs Egg Noodles Glazed Carrot Coins Whole Wheat Bread Fresh Pears</p>	<p>9 Fish Sticks Tartar Sauce Chuckwagon Corn Spinach Pumpnickel Bread Lemon Grahams</p>	<p>10 Sweet & Sour Pork Steamed Brown Rice Oriental Blend Veggie Oatmeal Bread Mandarin Oranges Escarole Bean Soup§ No COA Site Meals</p>
<p>13 Meat Loaf Garlic Mashed Potato California Blend Veg Rye Bread Cherry Pie MOD: Blueberry Graham</p>	<p>14 Buttermilk Chicken Paprika Roast Potato Honey Carrot Coins Whole Wheat Roll Strawberry Mousse MOD: SF Pudding</p>	<p>15 Tuna Fish Sandwich on Whole Wheat Bread Vegetable Soup** English Pea Salad Pears</p>	<p>16 Stuffed Shells w/ meat sauce Broccoli Carrots Multigrain Bread Fresh Apple</p>	<p>17 Turkey a la King Herbed Potatoes Peas & Onions Garlic Dinner Roll Fruit Cocktail</p>
<p>20 Presidents' Day <i>No Meals Served</i></p> 	<p>21 Veal Rollatini Basil Brown Rice Broccoli w/ Roast Garlic Wheat Bread Peach Cup MOD: Peaches</p>	<p>22 Cheese Omelet Oven Brownd Potato Peppers & Onions Multigrain Bread Lemon Cake MOD: SF Lemon Cake</p>	<p>23 American Chop Suey Parsley Carrot Coins Rye Bread Pears</p>	<p>24 Potato Crunch Fish Cauliflower Peas Tartar Sauce Pumpnickel Bread Raisins</p>
<p>27 Teriyaki Chicken Bowtie Pasta Oriental Veggies Double Fiber Bread Pears</p>	<p>28 Italian Braised Beef Buttered Noodles Riviera Vegetables Italian Bread Pineapple Tomato Soup§</p>	<p>29 Roast Turkey w/ Gravy Sweet Potato Green & Wax Beans Whole Wheat Roll Fresh Orange</p>	<p><i>Happy Leap Day!</i></p> 	<p>Milk and margarine is served at every meal</p>

Menu is subject to change without notice

Nutrition information is temporarily on hold. Please call the nutrition office if you require nutrition information.

Without your suggested voluntary donation of \$2.00 per meal many people would go hungry.

Please Give. Checks are preferred.

For reservations/cancellations, call the Nutrition Office 1-508-324-4619 before 10:30 on the previous business day before you want to cancel.

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